

Congratulations on your pregnancy.

This letter contains information regarding scans and screening tests we offer in pregnancy.

There is also a link to the trust leaflets which you can also access.

Patient information leaflets:

<https://www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/maternity-patient-leaflets/>

Screening tests:

<https://www.nhs.uk/conditions/pregnancy-and-baby/screening-tests-in-pregnancy/>



Alternatively use this QR code to access information regarding your pregnancy care plans/screening in all languages.

<https://learning.nspcc.org.uk/media/1650/look-say-sing-play-leaflet.pdf>

Group B Strep:

<https://www.rcog.org.uk/en/patients/patient-leaflets/group-b-streptococcus-gbs-infection-pregnancy-newborn-babies/#>

“This information is for you if you (or a friend or relative) are expecting a baby, planning to become pregnant or have recently had a baby. It tells you about group B Streptococcus (GBS) infection in babies in the first week after birth (known as early-onset GBS) and provides links to further information about late-onset GBS infection. It includes the current UK recommendations for preventing GBS infection in newborn babies.”

Usefull APPS:


BUMPS- Best Use of Medicines in Pregnancy

NHS.UK-UK advice in pregnancy ie. Foods to avoid, Covid advice, pregnancy rights

Mum&Baby App

DadPad App

Squeezy App= Pelvic floor guidance

We also have an “Ask a Midwife” service available via a Facebook page you may wish to 

The page is called York & Scarborough Bumps 2 Babies.